



**3<sup>rd</sup> Annual 5K  
Run for the  
Pumpkins**

**Date:** Saturday, Oct. 3<sup>rd</sup>

**Registration Time:** 7:00-7:45 a.m.

**Start Time:** 8:00 a.m.

**Location:**

**Start:** F&M Bank  
220 West Main  
Anamosa, IA 52205

**End:** F&M Bank  
220 West Main  
Anamosa, IA 52205

**Cost:**

\$25.00

**Registration:**

Registrations received by September 20<sup>th</sup>  
will be guaranteed a T-shirt

After Sept. 20<sup>th</sup> - T-shirts will be ordered and sent to you.

**Make Checks Payable to:**

F&M Bank

**Mail Registration to:**

Nate Dunn  
F&M Bank  
220 West Main St  
Anamosa, IA 52205

**Questions:**

Contact Nate at 319-573-8327 or e-mail  
[ndunn@fmbankia.com](mailto:ndunn@fmbankia.com)



**3<sup>rd</sup> Annual 5K Run/Walk for  
the Pumpkins is sponsored  
by:**



**Anamosa Chamber of  
Commerce**



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Pumpkins**

**Registration Form**

Name:

Address:

City/State/Zip:

Phone:

Age As of 10/3/09:

Parent/Guardian:

Email:

Shirt Size: YM            YL  
                                  S   M   L   XL   2XL   3XL

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, my executors and my administrators, waive any and all rights and claims for damages I may have against sponsors, coordinating groups, and any individuals associated with the event, their representatives, successors and assigns for any and all injuries suffered by me in connection with said event. Also, none of the above is responsible for neither the loss of personal items nor any other form of aggravation in connection with the said event. I have been warned I must be in good health to participate in this event. I also give my permission for the free use of my name and picture in any broadcast, telecast, or print media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

Signature

Date

If under 18, signature of parent or guardian is required.



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*2009 Pumpkinfest*

*With Proceeds to Benefit Our  
Anamosa Chamber of Commerce*